

*Alegre Counseling and Consulting Services, LLC*

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**CLIENT PERSONAL HEALTH INFORMATION**

Today's date: \_\_\_\_\_ Who referred you to me? \_\_\_\_\_  
Social Security #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Home phone: \_\_\_\_\_ Work phone: \_\_\_\_\_  
Cellular phone: \_\_\_\_\_ Email: \_\_\_\_\_  
What number may I call to leave you an appointment reminder text? \_\_\_\_\_

**Are you?** Single    Married    Living Together    Divorced    Widowed    Separated    Other? \_\_\_\_\_  
Name of current partner/spouse: \_\_\_\_\_  
Names and ages of children: \_\_\_\_\_  
\_\_\_\_\_

**Please provide an emergency contact person:**  
Name: \_\_\_\_\_ Relationship to you: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Home phone: \_\_\_\_\_ Work phone: \_\_\_\_\_  
Cellular phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Are you under the care of a doctor, psychiatrist, or another mental health provider?**  
Name: \_\_\_\_\_ Phone number: \_\_\_\_\_ Diagnosis: \_\_\_\_\_  
Name: \_\_\_\_\_ Phone number: \_\_\_\_\_ Diagnosis: \_\_\_\_\_

**Insurance information:**  
Who is the primary insurance member? Me    My parent    My partner/spouse  
Insurance carrier: \_\_\_\_\_ Pre-authorization code: \_\_\_\_\_  
*If other than you, please provide information about the member:*  
Name of primary insurance member: \_\_\_\_\_  
Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_  
Social Security #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Home phone: \_\_\_\_\_ Work phone: \_\_\_\_\_  
Cellular phone: \_\_\_\_\_ Email: \_\_\_\_\_